EMPLOYEE RESOURCES

The Sexual Violence Response Office is responsible for receiving all non-emergency reports of sexual violence. The Sexual Violence Response Office will work with survivors to determine the appropriate supports and accommodations required based on the individual survivor’s experiences and expressed needs. All faculty and staff can use the Sexual Violence Response Office as the first point of contact for referring individuals for support.

An additional resource that York University provides to all its employees is the Employee and Family Assistance Program (EFAP); the EFAP also offers support to survivors of sexual violence.

To access support, York employees should:

Call EFAP toll-free 24 hours a day, seven days a week for immediate, confidential help. You will be connected to an EFAP counsellor for assistance.

1 (844) 880-9142 (English)
1 (844) 880-9143 (French)
1 (877) 338-0275 (TTY)

Support Services Include:

- Confidential access and support; no one at York University will know you have reached out or are receiving services through EFAP
- One on one counselling for immediate support needs
- Individuals are matched with a suitable, gender specific, short-term, solution focused counsellor to confidentially address your immediate concerns
- A variety of counselling methods provided to suit your needs – in person, telephone, video, email, chat or through an app
- Referral to community based resources, privately funded counselling or, specialized counselling if ongoing treatment is required
- Consultation with workplace parties (Managers) to respond and support employees through incidents

For additional information on services and supports available through our EFAP, visit the Health, Safety & Employee Well-Being site on yu link.

If you have questions, please contact Health, Safety & Employee Well-Being at extension 55491 or e-mail us at hsewb@yorku.ca.